



Stuart Paviour

BUSINESS PSYCHOLOGIST · SPEAKER · CONSULTANT

Member Institute of Directors, Accredited NeuChem Coach Practitioner,® ILM Level 5 Diploma in Coaching and Mentoring, MHFA England: Qualified Mental Health First Aider. The Coaching Academy London, Cert in Coaching Skills. LIFT Expert Facilitator Programme. Member: Institute of Leadership and Management

A business psychologist and neuroscience-based executive coach, Stuart has spent more than 20 years pursuing a single ambition: to make workplaces both healthier and higher-performing.

His career began inside regulated finance — building investment portfolios for high-net-worth clients at Santander — before he moved into award-winning psychology and technology consultancy, working across finance, law, construction and healthcare. That rare mix of commercial and behavioural insight shapes everything he does.

Stuart is known for turning workplace culture from a hidden liability into a measurable asset, giving leaders the 'finance-grade' Human Capital Intelligence they need to focus human energy on peak performance.

A warm, practical and engaging speaker, he brings together business psychology, neuroscience and real-world commercial experience to show organisations why behaviours emerge, where performance is lost, and how to build resilient, high-performing cultures that last.

CONTACT

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AWARDS

Information Society Initiative | DTI
Double Award Winner

CLIENTS

Embridge Consulting | Magus Wealth
| Baker McKenzie LLP, Arcadis Global |
Sky | Coop Group | DAC Beachcroft |
Pension Protection Fund | People's
Partnership | HM Land Registry |
Gateshead Health NHS Trust | Public
Health Wales | Dept for Science,
Innovation, and Technology | Manor
Royal BID | Universities HR

TESTIMONIAL

"Your talk was outstanding and hit a chord with all the delegates. Several have come up to me over the last few days and mentioned that your talk was very thought provoking and insightful... I really look forward to working with you again"
GATESHEAD HEALTH NHS TRUST

AREAS OF EXPERTISE

- Human Capital Intelligence (HCI) audits — finance-grade people data
- NeuChem® neuroscience-based executive coaching
- Workplace wellbeing, engagement and psychosocial risk
- Leadership performance and accountability
- Building resilient, high-performing cultures
- Delivering measurable ROI in regulated sectors (finance, law, construction, healthcare)

TRAINING TOPICS + KEYNOTES INCLUDE

- The Health & Safety Exec, their move from information to enforcement in terms of managing work related stress.
- The need for a proactive and preventative approach from employers to ensure compliance.
- Human Capital Intelligence, the pressing need for employers to have 'finance grade' people data and reporting to truly support their people.
- The Neuroscience of peak performance in the workplace and the primal brain responses that inhibit this. Why we do what we do and what we can do about it when it doesn't help!

PREVIOUS SPEAKING ENGAGEMENTS

- Department for Science, Innovation and Technology
- Information Society Initiative Awards Ceremony
- HSJ Patient Safety Conference
- Universities HR, Annual Conference
- Manor Royal BID, Annual General Meeting
- Gateshead Health NHS Trust, Employee Wellbeing Conference
- Institute of Directors, Regional Round Table
- Public Health Wales, Education Conference